

At the time I came to this country, there were strict immigration laws. I had worked for the American military in Germany for 3 years and met my husband there. I always admired and respected the United States of America and the principles it was founded on: One Nation Under God.

I always believed that good examples start in the home. I was raised without prejudice and never showed this in front of my 4 children. I also had strong feelings about the children getting along and helping each other out when needed, which they do to this day.

In my life I have done many things from being blessed to be a stay-at-home mom to my last 13 years working as an administrator for the Prior of the St. David's Benedictine Monastery. I was also in the past a counselor for the Mormon Women's Relief society (one of the largest and oldest operating women's organization in the world dedicated to medically train and help women throughout this earth.) and the Mormon Young Women's Group.

The Gateway of Light mission is in alignment with what I learned from the grandmother that raised me which is to always help your neighbors and serve those in need. In my early twenties I also learned about natural and nutritious food, (mostly through the help of friends). I learned about medicinal and nutritious herbs, which I used rather than allopathic medicine. For example, when my children were young, I learned how to give them the Indian cold sheet treatment when they had a cold or flu. After the cold sheet treatment, they would then feel good enough by the afternoon to start playing again.

I live each day being grateful to my Creator, who also created this world with enough food and resources for everyone. Rather than dwell on so-called climate change, diseases, and hunger, which are man-made, I trust that we all have enough of the things we need. I keep my thoughts always dwelling on those things in the world that are good and beautiful.

Brigitte Wren